



Introducing Co+op Basics

Look for the Co+op Basics signs and SAVE!

Co+op Basics offers some of our most popular grocery and household staples at affordable prices. **Our Co+op Basics prices are as LOW as we can go so Owner case discounts and staff discounts do not apply to these items.**

PRODUCE

Look for **Co+op Basics** signs in the Produce Department for other best value selections based on seasonal availability.

BULK Sold by Weight – buy a pinch or a pound

Local **Organic All Purpose Whole Wheat Flour**

Organic Quick Rolled Oats

Organic Short Grain Brown Rice

Organic Black Beans

Organic Green Lentils

Organic Veggie Rotini Pasta

Organic Yellow Popcorn

REFRIGERATED

Local **Organic Valley Milk** Gallon

Local **Westby Sweet Cream Butter** 1lb

Local **Organic Larry Schultz Dozen Eggs**

Greek Gods Yogurt 24oz

CHEESE

Local **Westby Mild Cheddar**

Local **Westby Medium Cheddar**

Local **Organic Valley String Cheese** 6oz

MEAT Sold by the pound

Local **Earth Be Glad Ground Beef** 1lb

Local **Schultz Organic Ground Chicken** 1lb

Applegate Organic Beef Hot Dogs

FROZEN

Local **Snopac Organic Peas**

Local **Snopac Organic Corn**

Local **Snopac Organic Strawberries**

Connie's Cheese Pizza

GROCERY

Field Day Organic Beans all varieties, 15oz

Field Day Organic Pasta Sauce all varieties, 26oz

Field Day Organic Extra Virgin Olive Oil 33.8 oz

Field Day Organic Peanut Butter 26oz

Field Day Organic Apple Juice Gallon

Field Day Organic Pasta all varieties, 16oz

Field Day Sea Salt

HOUSEHOLD

Field Day Recycled Toilet Paper 4pk

WELLBODY

BCC Brand Concentrated Omega-3 120 sgels

BCC Brand Vitamin C 100 mg 100 vcap

BCC Brand Vitamin D3 2000 IU 120 sgels

Everyday Coconut Body Lotion 32oz

Everyday Coconut Shampoo 32oz

Everyday Coconut Conditioner 32oz

Everyday Coconut Body Lotion 32oz